



# Supporting Primary Care Research and Learning

## Winter 2015

### Sixth Annual Janet Reaves Memorial Conference on Quality and Chronic Disease



The Janet Reaves Conference will be held on February 26<sup>th</sup> and 27<sup>th</sup> at the Embassy Suites in Cary, NC.

[http://www.ncchca.org/events/event\\_details.asp?id=454453](http://www.ncchca.org/events/event_details.asp?id=454453)

Online registration is open until February 20<sup>th</sup> and please stop by the NCNC table.

The Janet Reaves conference provides professional training for safety-net providers on cutting-edge trends and quality improvement methods

NCNC and The Health Coach Training Program coordinated by Paul Bray of the East Carolina University PBRN ECARE that is funded by The Duke Endowment partnered with the Janet Reaves conference for this year's NCNC PBRN conference. Presentations include:

- Using Shared Decision Making (SDM) Methods for Asthma: A Statewide Dissemination Project,
- Using the PAM (Patient Activation Measure) to Improve Medication Adherence for Patients
- with Diabetes,
- Integrating Behavioral Health into Primary Care Visits that Address Chronic Disease

### Hypertension Evidence Academy Report



The overall burden of high blood pressure, also known as hypertension, is greater in eastern North Carolina than other parts of the state. Uncontrolled hypertension can increase the risk of heart attack and stroke, the two leading causes of death for Americans. To explore evidence-based approaches to this important issue, NCnet at UNC with the NC Translational and Clinical Sciences (NC TraCS) Institute and ECARE with the Brody School of Medicine at ECU participated in a daylong meeting in Greenville, NC on Dec. 12 2014

The Evidence Academy on Hypertension brought together community leaders, researchers, clinicians, policy leaders, and public health professionals throughout Eastern North Carolina.

Featured topics:

- Hypertension Control, Disparities, and Health Communication
- Tobacco and Hypertension: Point of Sale
- Lifestyle Intervention Trials and Implications
- State Level Health Policies
- Community Health: Faith-Based Organization Programs
- Long-term Hypertension Management

Following the Evidence Academy, a small, diverse group of individuals known as the Action Learning Cohort took what was gained from the meeting and collectively identify and develop ways to address hypertension from policy, practice, and research perspectives.

NCNC Presentations at the Evidence Academy:

*Quality Improvement Indicators through Practice Based Networks* by Jacquie Halladay from NCnet and Edd Little a physician from one of our member practices in Pink Hill NC with Cedric Bright from the UNC School of Medicine

*Medication and Hypertension Control: Access, Health Literacy and Medication Adherence* by Lauren McCormack from RTI International, Skip Cummings from ECARE, Adam Zolotor from the NC Institute of Medicine and NC Senator Angela Bryant as well as L. Ebony Boulware from Duke University.

This story is adapted from press release from NC TraCS written by Marla Broadfoot

## DARTnet PBRN Toolkit



Kristine Schmit and Rowena Dolor from the Primary Care Research Consortium (PCRC) at Duke University are two of the authors of the *Toolkit for Developing and Conducting Multisite Clinical Trials in Practice Based Research Networks* published on the DARTnet Institute's webpage.

DARTnet is a collaboration of regional and national networks whose mission is to “to transform multi-sourced data into standardized, actionable health information that supports patient care, quality improvement, collaborative learning and research.”

Baldwin L-M, Graham D, Schmit K, Dolor RJ, Fox C, Pace W. Toolkit for Developing and Conducting Multi-site Clinical Trials in Practice Based Research Networks.

<http://www.dartnet.info/ClinicalTrialsBPRNToolkit.htm>. Accessed on 01/06/2015

“This Toolkit was created to help researchers interested in conducting clinical trials in a PBRN setting to answer questions related to:

- **Clinical effectiveness** – Is a treatment beneficial?
- **Comparative effectiveness** – Are two treatments equally beneficial? and
- **Safety** – Are there harms to treatment(s)? “

## NCNC Publications

Congratulations to MAPPR for winning the The Culture of Health Reader Poll from the Robert Wood Johnson Foundation for research that best highlights the identification and elimination of disparities in health care.

[mapprnc.blogspot.com/2014/12/mappr-manuscript-wins-rwj-reader-poll.html](http://mapprnc.blogspot.com/2014/12/mappr-manuscript-wins-rwj-reader-poll.html)

The paper entitled: *Por Nuestros Ojos: Understanding Social Determinants of Health through the Eyes of Youth* was published in *Progress in Community Health Partnerships: Research, Education, and Action* Volume 8, Issue 2, Summer 2014 pp. 197-205 and was coauthored by MAPPR Team members Johanna Claire Schuch, Brisa Urquieta de Hernandez, Lacey Williams, Heather Smith, Janni Sorensen, Owen Furuseth and Michael Dulin.

## NCNC Acknowledgements

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