Team Approach to Care/Experience using Coaches a product of health care redesign

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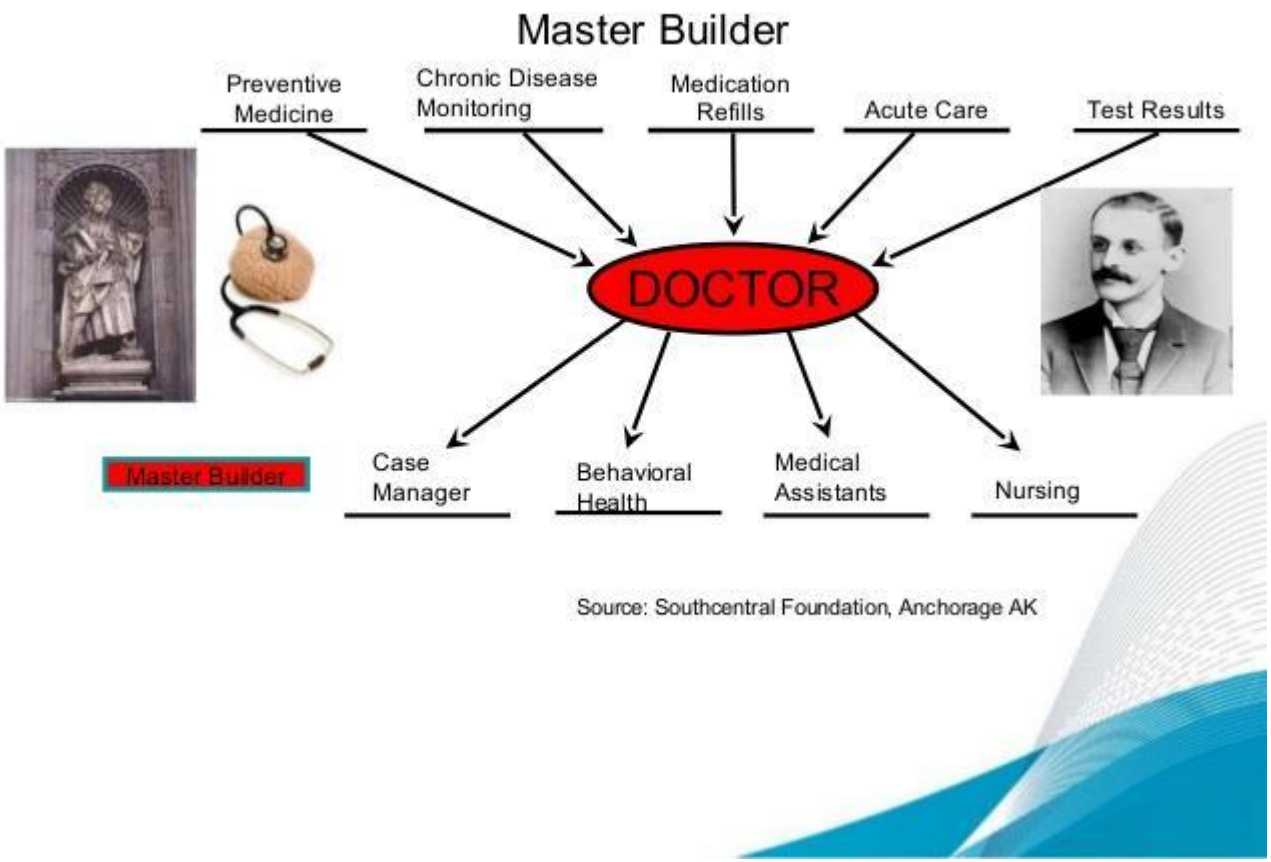
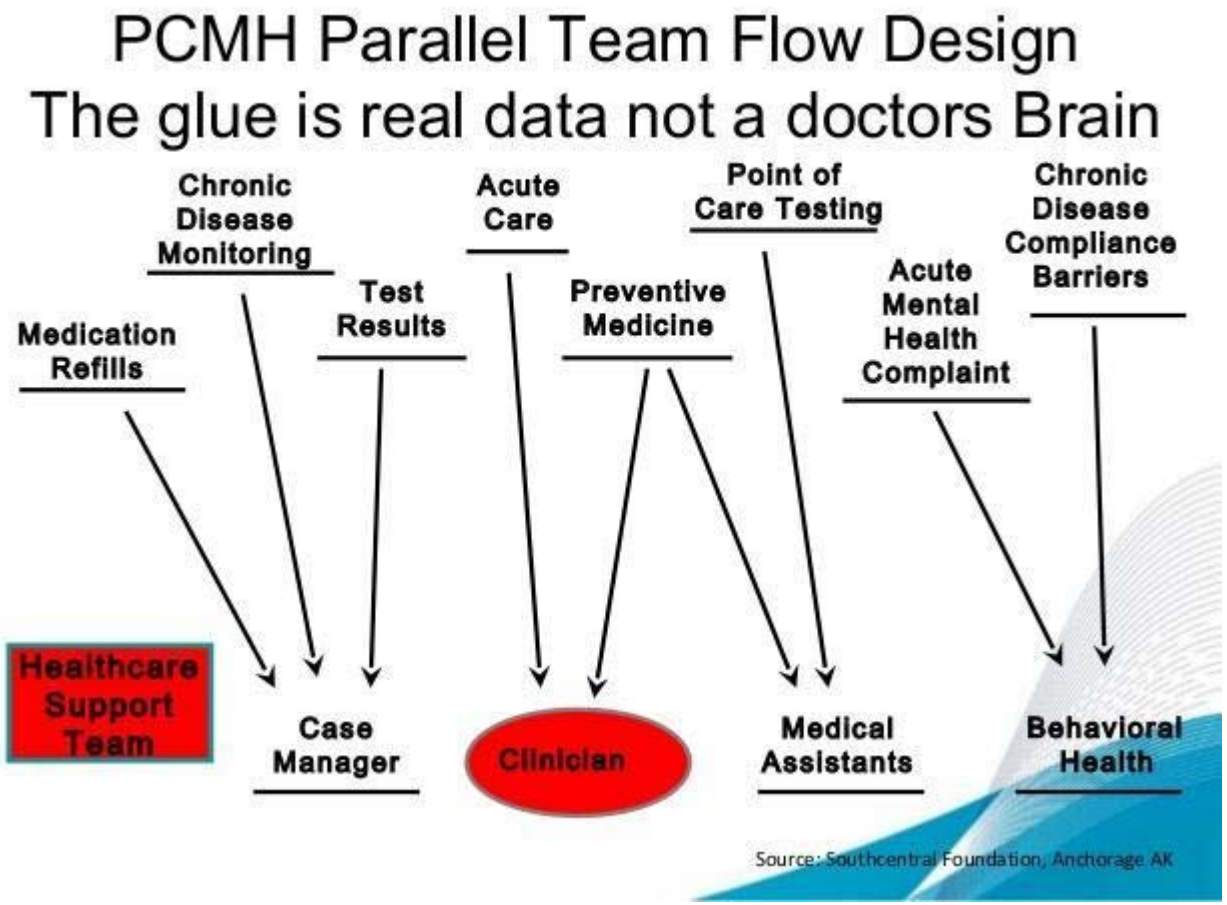
Practice transformation away from episode of care



Slides from presentation Paul Grundy, Jan 2014

The Cowboy - All Alone out there Stamping out Disease!



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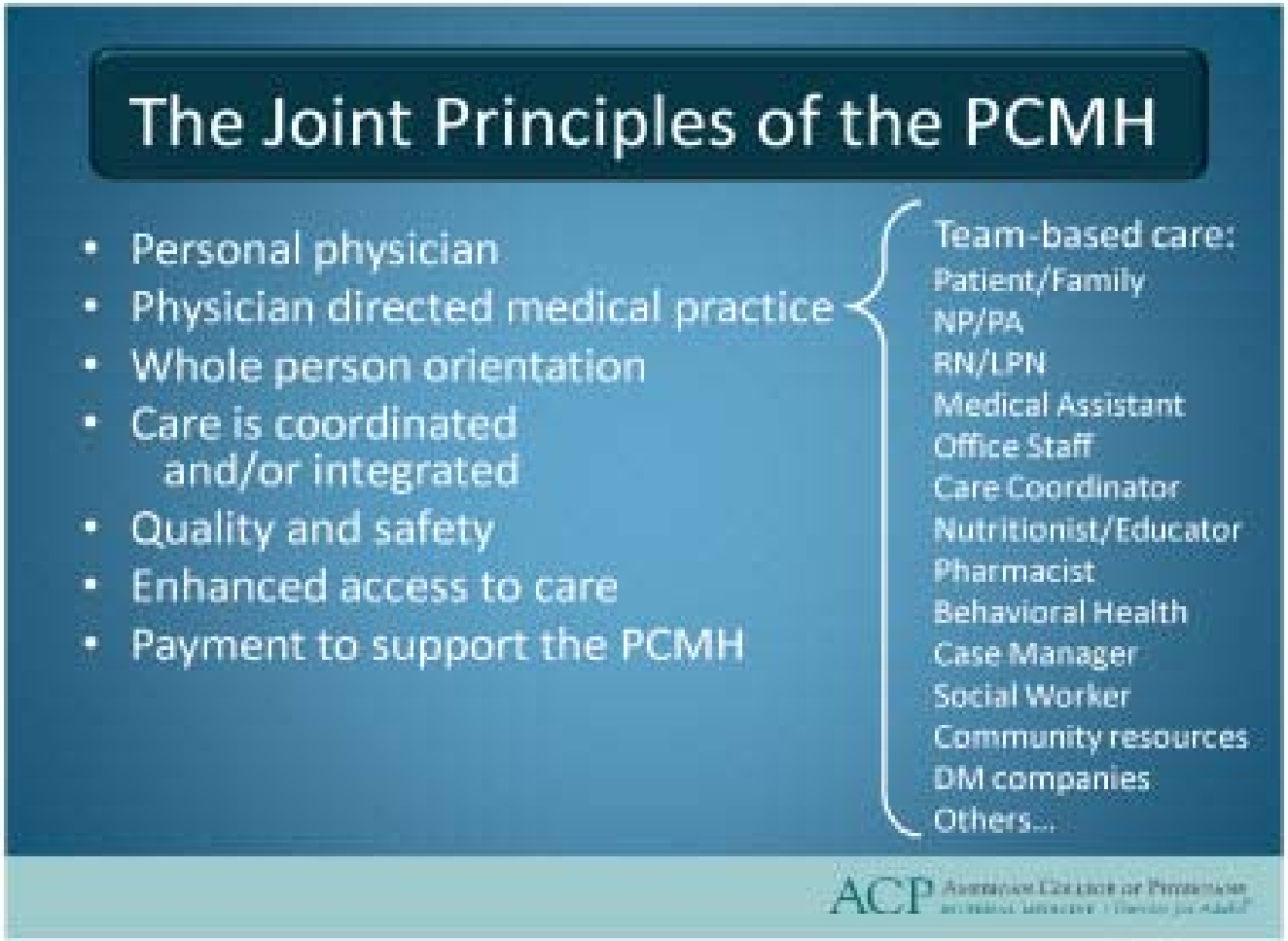
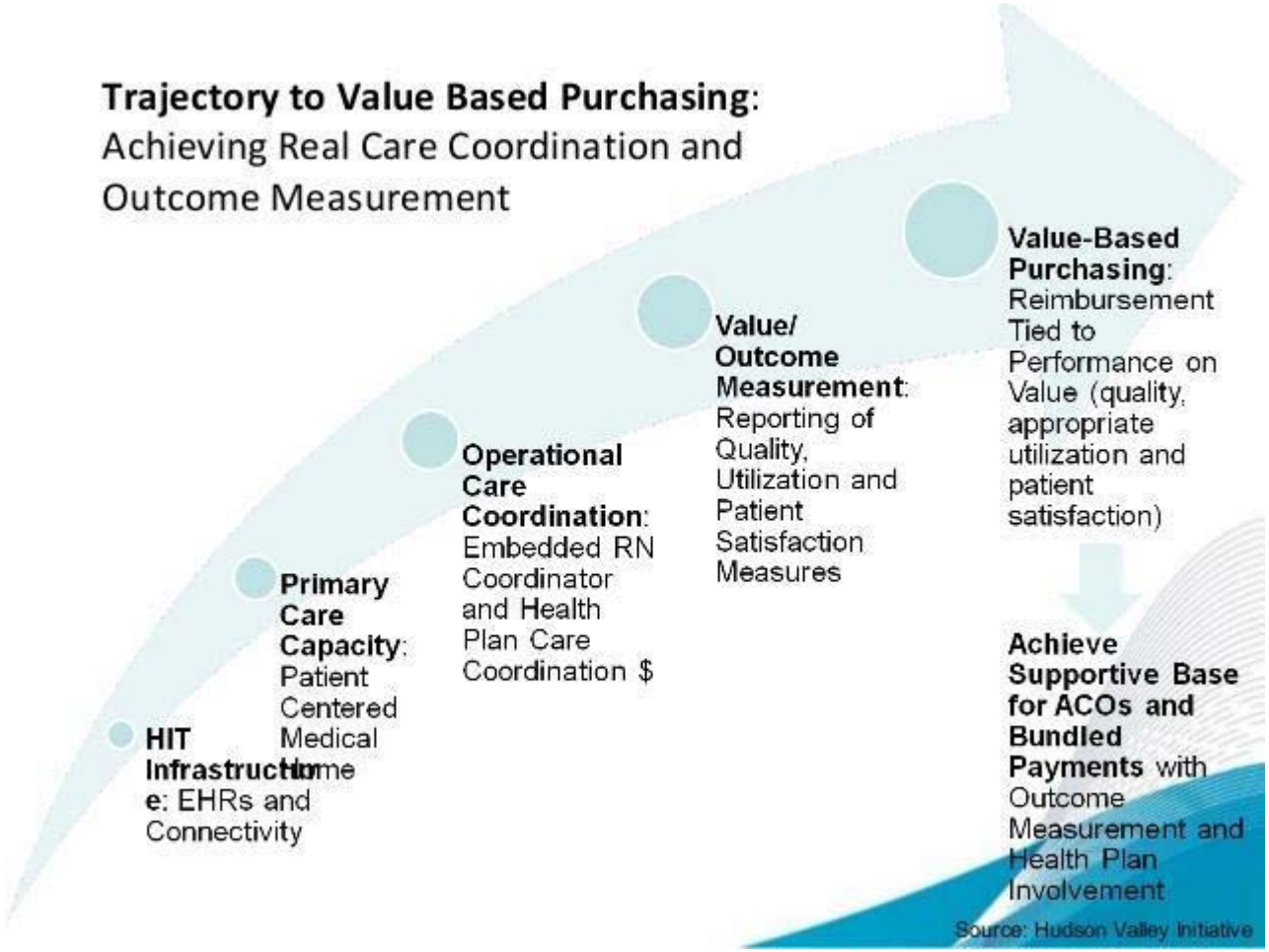
Rural Practice-Where research and theory hit the road



Joint Principles: adopted by AAFP, AAP, ACP and AOA

The Health Care Team

Vidant Family Medicine Wallace PCMH Recognition Level III



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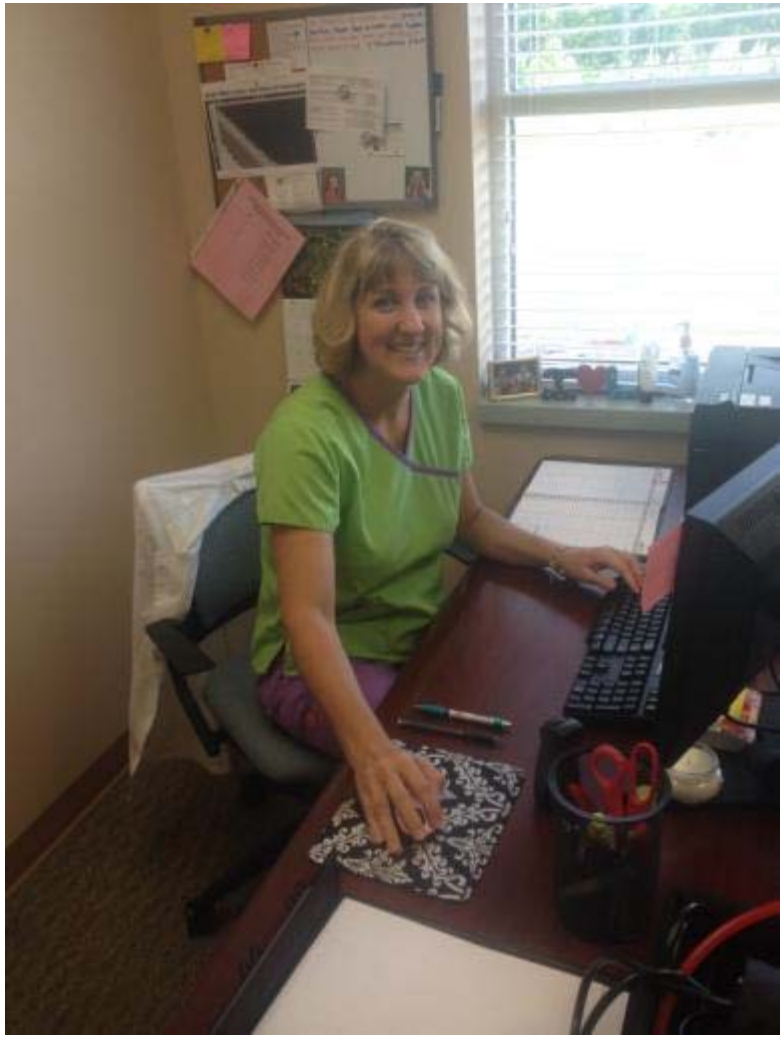
Patient Care Manager and Health Coach



Janice Thigpen, RN

Health Coach for chronic illness

Tracks high risk groups and identifies for follow up

Makes contact after Hospital Discharge and arranges for follow up

Makes Previsit contact to high risk populations-reviews medications for compliance

Case Study

J.E. is a 67 year old male with longstanding Type II diabetes. He has coexisting hypertension and coronary artery disease. His recent Hemoglobin A1C was 8.4. He had no interest in taking any additional medications.

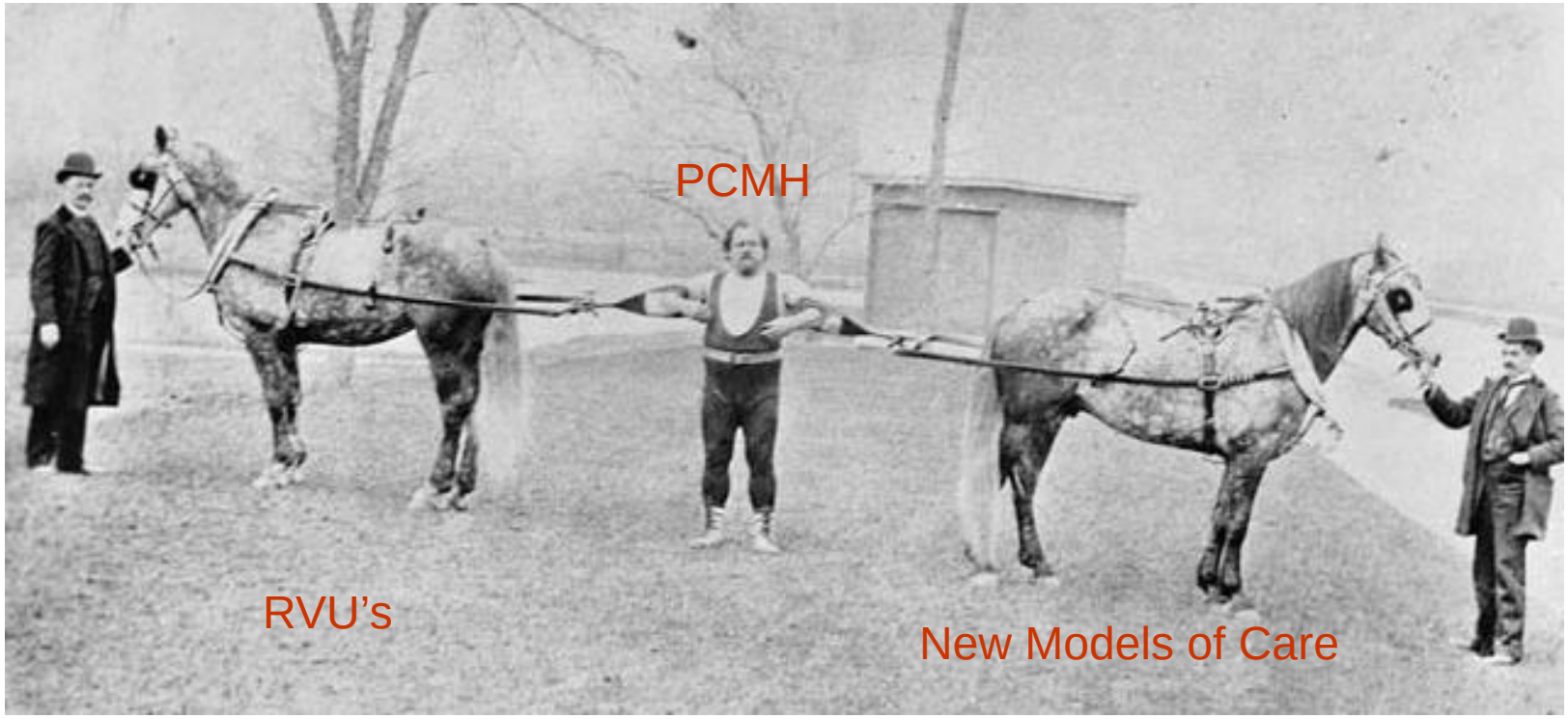
Through intensive intervention via health coach and utilization of community resources, 3 months later his HgbA1C is 6.4!

Case Study

H.M. presented acutely with several week hx of polyuria, blurring of vision with weight loss. He was able to get a walk in appointment that day (open access appointment). Initially screening blood sugar was >350. He was introduced and met with the health coach on that day and intensively followed up with education and appropiate medications. Initial Hemoglobin A1C was 13.7 and 4 months later it is 6.3!

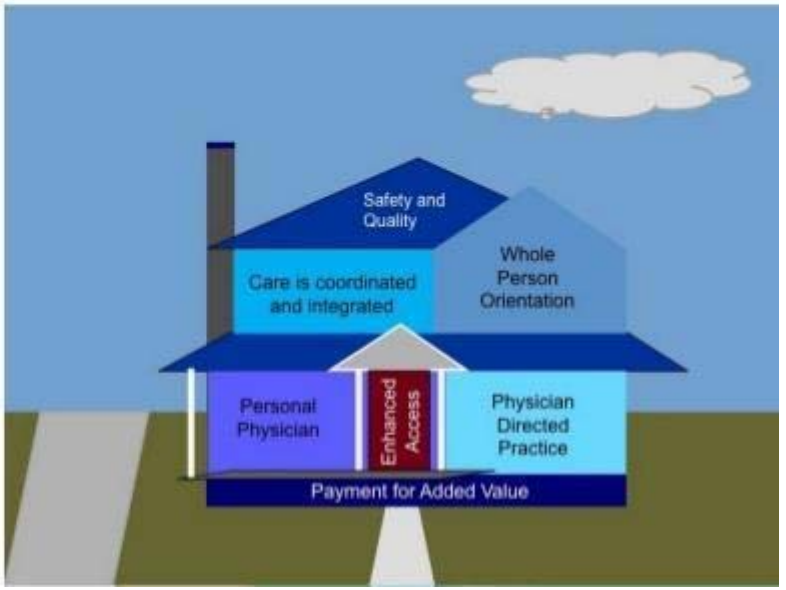
PCMH and new model of care

- Data Driven
- Every patient has a plan
- Team based
- Managing a Population Down to the Person


PCMH
RVU’s
New Models of Care

PCMH as the Foundation

The right care foundation
The right time
The right price



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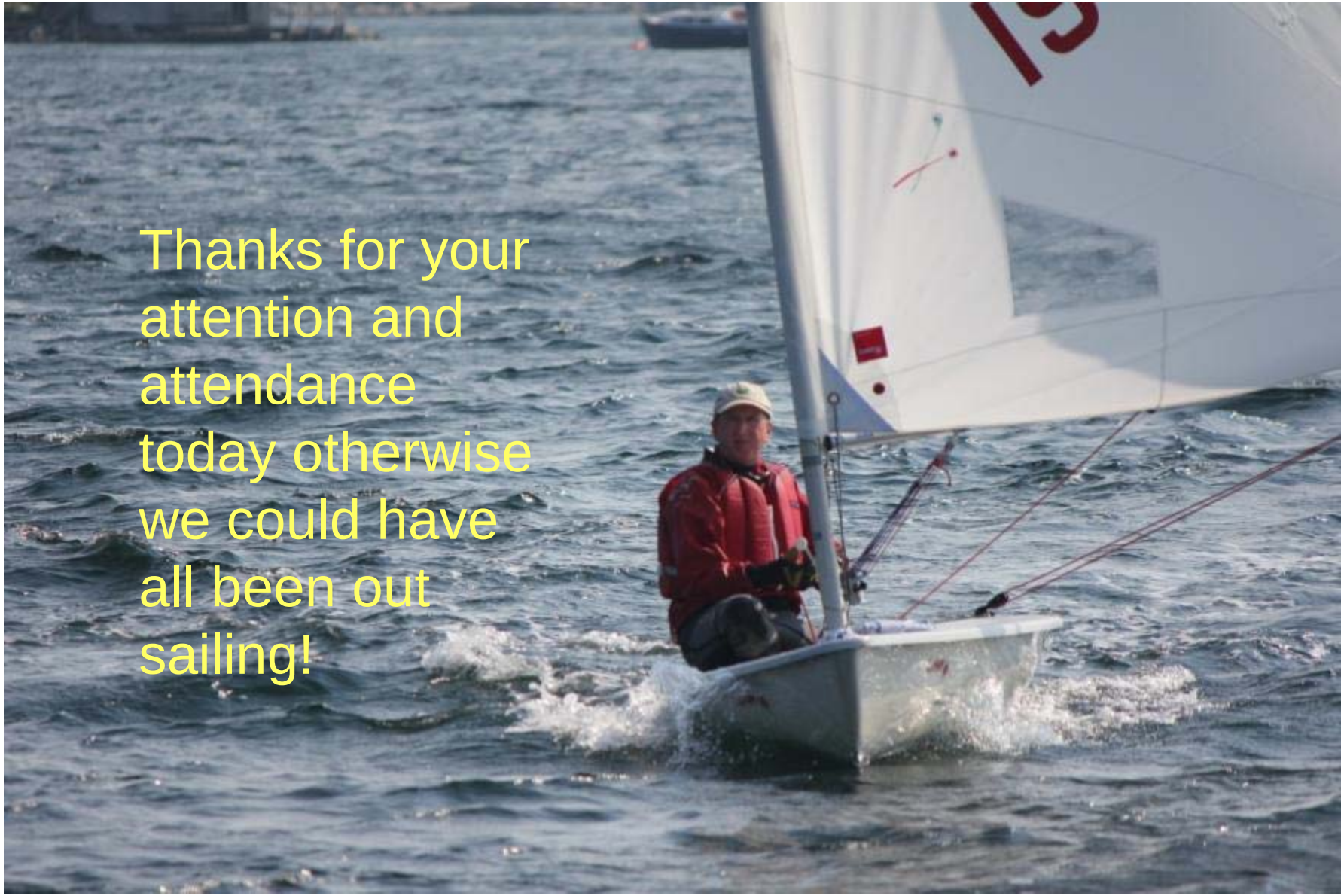
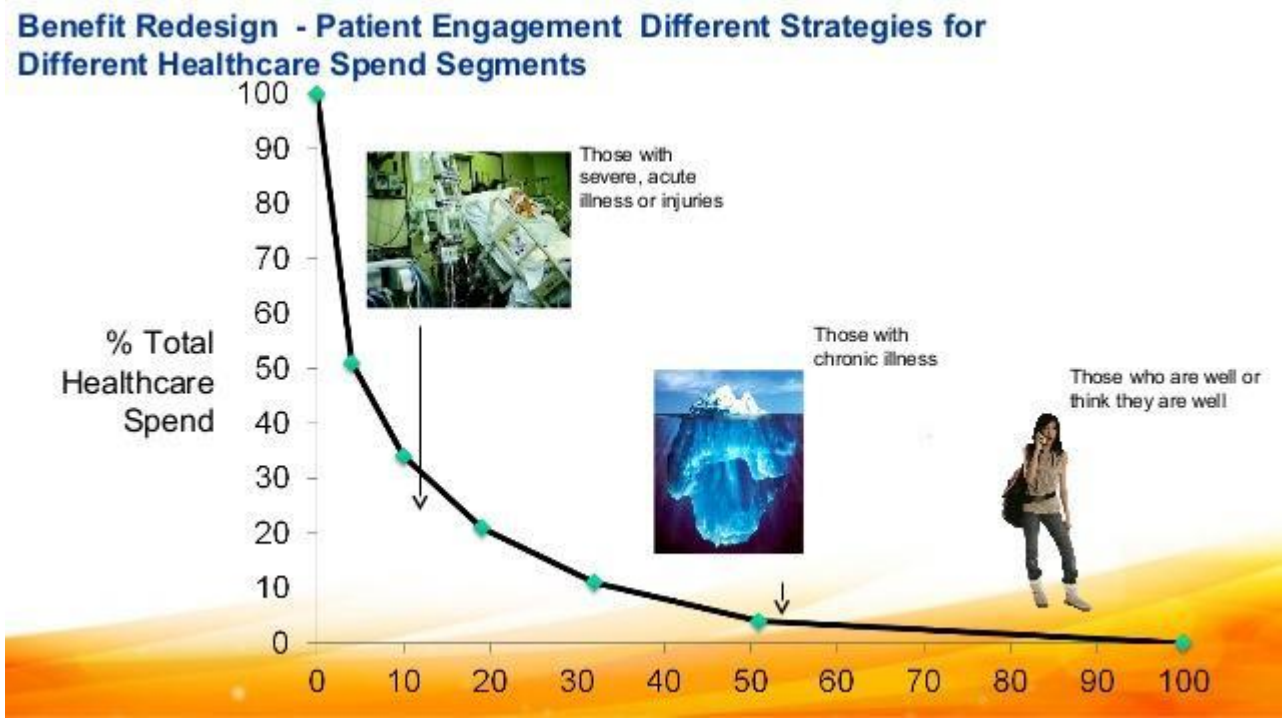

Thanks for your attention and attendance today otherwise we could have all been out sailing!

The Institute of Medicine's 2012, 385-page report,
Best Care at Lower Cost:

Primary care providers are the only healthcare professionals who can effect transformation in health care. The systems and structures which will fulfill the Triple Aim (IHI) can **only be designed** and implemented by primary Healthcare Healers.

Slide from Paul Grundy, Feb 2013



Slide from Paul Grundy, Feb 2013