

Supporting Primary Care Research and Learning

Niblock earns prestigious Pisacano Scholarship

The fourth-year medical student is one of only six medical students from across the country selected for the award from the NCAFP. Approximately 2600 applicants representing more than 140 medical schools competed for these scholarships annually.



After his third year in med school, he spent a year acquiring his masters in public health at the UNC Gillings School of Global Public Health as a way to better understand different populations and care for them better.

"The need for family

medicine is now greater than ever," Niblock said. "To meet the health needs of our country, we must train at least 1,000 primary care physicians per year. Furthermore, the shifting focus on value-based care will increase the need for primary care physicians, specifically those with skills in managing the health of populations."

As a Primary Care and Population Health Scholar, Niblock has pursued projects in public health, and has been mentored by UNC Family Medicine faculty Anne Mounsey, MD and Katrina Donahue, MD, MPH.

His mentors are thrilled by his success.

"Family Medicine needs leaders like Franklin," said Donahue, director of research in the department of family medicine. "Not only is he dedicated to population health and rural care, he is a talented young researcher. He will be the kind of well-rounded physician able to make big changes happen in primary care."

This past summer, Niblock worked with Donahue on the MONITOR Trial, a state-wide research study examining self-monitoring of blood glucose in noninsulin treated type II diabetes patients. Niblock conducted a secondary analysis focusing on the use of mobile health technology in the management of chronic disease, and presented his work at the North American Primary Care Research Group (NAPCRG) conference last spring.

Community Advisory Board Paper Published

Halladay et al., published their paper <u>"Community</u> <u>Advisory Boards Guiding Engaged Research Efforts</u> <u>within a Clinical Translational Sciences Award"</u> in the Winter 2017 issue of <u>Progress in Community Health</u> <u>Partnerships: Research, Education, and Action</u>. This paper describes inner workings of Community Advisory Boards (CABs) used at UNC within the CTSA <u>NCTraCS</u> to support and improve research.

"CAB participants are community members who represent diverse populations that work directly with research teams to facilitate community input by providing feedback and advice on all aspects of the research process and provide a voice to the concerns and interests of their respective communities. CABs also help community members to better understand the risks and benefits of participating in research."

This paper presents a case study of 6 CABs. Some CABs were for specific projects, while others were



used more broadly. The paper explores these CABs through the lens of five contextual domains and includes a tip sheet to help others develop successful CABs

> "It is hoped that, by sharing the respective motivators, operational processes, supportive resources, activities, and challenges faced by these CABS, the relevance of this work may be more evident to others attempting to develop and support CABs for their own projects and/ or research organizations."

Tamera Coyne-Beasley profiled in The Lancet Child & Adolescent Health



We are happy to announce that NCNC's Pediatric and Adolescent Director Tamera Coyne-Beasley, MD MPH, was profiled in the first issue of <u>The Lancet Child &</u> <u>Adolescent Health</u>. This journal is the newest member of The Lancet family of journals and will have a strong clinical focus and an international perspective. The Lancet Child & Adolescent health

launches its print edition in August 2017.

This article chronicles her journey from Boston, MA to becoming the current president of the <u>Society for</u> <u>Adolescent Health and Medicine</u>. This article was published online ahead of print, <u>full text available online here</u>.

"As someone who has provided health care and been engaged in public health efforts in Africa, Central and South America, and the Caribbean, Coyne-Beasley is inspired and motivated by her faith and passion to ensure that current and future generations of adolescents will have equity. "I want to make life better for all adolescents and young adults to ensure that they have the confidence, competency, and opportunity to achieve their dreams."

NAPCRG Annual Meeting

NCNC PBRN researchers presented their work at the 2017 North American Primary Care Research Group Annual Meeting November 17-21 in Montréal, Québec.



We thank all the practices that make our research possible! Presentations:

- To Test or Not to Test: The Role of Glucose Self-Monitoring in Primary Care Patients With Non-Insulin Treated Type 2 Diabetes
- Limited Use of the Medicare Intensive Behavioral Therapy for Obesity Payment Code by Primary Care Providers

Posters:



• Implementation and Evaluation of Hepatitis C and HIV Education and Screening Program

- Evaluation Results of an Information Technology Solution for Asthma Shared Decision Making and Decision Support
- Evaluation of a Virtual Shared Decision Making Program for Pediatric Asthma Management in Ambulatory and Emergency Department (ED) Settings
- How US Primary Care Practices are Using the Medicare Intensive Behavioral Therapy for Obesity Medicare Payment Code

Workshops:

- Building Research Capacity (BRC): The Means to Meaningful Mentorships
- CASFM Course on Methods to Advance Primary Care Research

Acknowledging our supporters:

NCNC would like to thank UNC's <u>Cecil G. Sheps Center</u> for Health Services Research and the <u>NC Translational</u> and <u>Clinical Sciences Institute</u> for all they do that make our work possible.